



L'Escale Forestière: a relaxing break in the Bon Secours forest



Maison du Tourisme de la Wallonie picarde

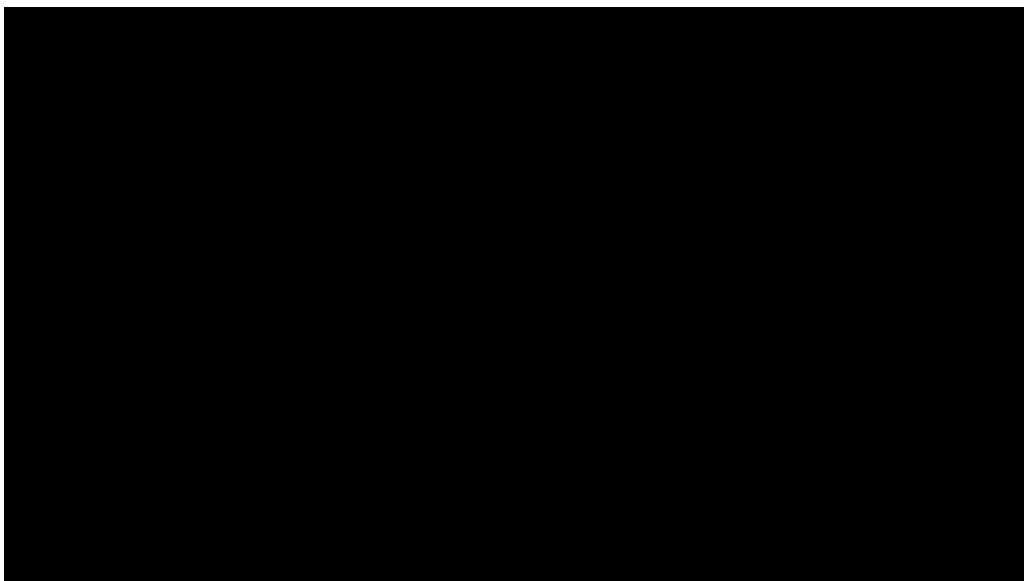
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<http://plainesdelescaut.be/wikipnpe/?EscaleForestiere>

**Welcome to the *Escale forestière*... Now take off your shoes and
enjoy this incredible path through the forest, meant to be
walked bare foot to focus on sensations.**



A barefoot path

- In **Pic'orée**, a sensorial field at the entrance of the Bon-Secours forest, nature is best enjoyed bare foot, the best way to disconnect from the routine and daily stress. This is a wonderful opportunity to sharpen your senses on **a 150 metres trail** where every material feels like a new experience, an invite to revisit forgotten emotions, feel cold or humidity, **softness or roughness**.
- There are, in total, **20 trays filled with natural (straw, reeds, sandstone, spruce cones, bark...) and surprising (pods, corks, billiard balls...) textures** to discover, from 3 years of age.
- The sections between trays also are **sensory experiences** – wooden planks, slaps of limestone rock, bamboo mats or even hollow trunks, structures made of wood, trunks covered in moss, tyre neatly lined. Not a second to get bored!

Learn about the forest

- After the trail, visitors can learn about trees, mammals, birds, plants, mushrooms, small animals at the *Explor'forêt* interpretation centre.
- The Bon-Secours forest, covering 1,000 hectares, is free to access and features 2 family trails (4 and 7 km).
- Enjoy **Escale Forestière**, a playful, amazing show on the flora and fauna of the forest concluding on a virtual journey in a hot air balloon so see how beautiful the park is from above.

An immersive nature exhibition

Through 80 watercolors, artist Yves Fagniard introduces visitors to Belgian wildlife. This nature exhibition is accompanied by soundscapes made of music and animal sounds for a truly immersive experience. Fun notebooks are also available for children.

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The information contained herein is provided as a guide only.

We recommend that you check with the local supplier before you leave.

Website editor

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