



## Rediscover the pleasure of walking barefoot at the Sentier Pieds Nus in Montleban



Ferme de la Planche

Montleban 75

Gouvy - 6674

Phone number (main contact): +32  
80 51 78 62

<http://www.farmedelaplanche.be/>

**This 3 km long path, starting from the *Ferme de la Planche* is sure to surprise you: it is to be walked barefoot! A fantastic way to slow down, reconnect with simple sensation while touching the ground, water, stones or wood.**

### A fantastic trail

Along the way, you will meet cows, alpacas, horses, donkeys...

The trail is fully secure and perfect for anyone not in a sports mood or less mobile. It includes areas where visitors can stop and relax before continuing their walk.

**La Planche Farm**

There you will find a cafeteria, play areas and a parking. Visitors can bring their own picnic as long as it is fully zero waste inspired.

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The information contained herein is provided as a guide only.

We recommend that you check with the local supplier before you leave.

Website editor

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