



Dao Liège, espace bien-être au Van der Valk Hotel Sélys



Hotel Sélys

Mont Saint Martin 9-11

Liège - 4000

Phone number (main contact): +32
493 91 02 98

<https://www.dao.be/>

The Dao Liège Spa guarantees an invigorating break at the heart of the town. Discover this fitness and wellbeing space and its range of treatments and courses.

Beauty treatments and fitness program

- Massages
- Body and face treatments
- Manicure and pedicure
- Hair removal
- Eyebrow and eyelash colouring
- Aquabiing, Aquagym, Aquafitness, Aquasculpt
- Hatha Yoga, Vinasay Yoga, Pilates
- Private coaching and EMS (Electromyostimulation)

- Sensory bath
- Steam room ritual
- Private space, nature spa for up to 6 guests
- Float room (floating tanks)

The information contained herein is provided as a guide only.

We recommend that you check with the local supplier before you leave.

Website editor

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